



# November 2021

Hills & Dales Life Time Center

Call 556-3305 before 8am to make lunch reservations.



Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Lemon Peppr Chicken Mashed Potatoes Cheesy Cauliflower Fruit Cocktail Brownies	Liver & Onions (sub: Salisbury Steak)  Fried Potatoes Peaches Cream Pie	Lasagna Garlic Bread Lettuce Salad Butterfinger Dessert	Chill Cornbread Fresh carrots and Celery Banana Cookie	Tuna and Noodle w/peas Roll Pears Cherry pie
8	9	10	11	12
Tilapia  Macaroni & Cheese Stewed Tomatoes Pineapple Bread Pudding	Breaded Cod  w/ Tarter Sauce Baby Bakers Havard Beets Pears Oreo Dessert	Apple Glazed Pork Patty Hashbrown Casserole  Corn Peach Crisp	Country Fried Steak w/ Country Gravy Mashed Potatoes Capri Vegetable Fruit Cocktail Lemon Bars	Roast Pork w/gravy  Rice Pilaf Squash Dinner Roll Pumpkin bars Apple sauce
15	16	17	18	19
Sweet N Sour Chicken  Fried Rice Broccoli Tropical Fruit Cherry Turnover	Loaded Chicken Casserole  Dinner Roll  Coleslaw Lime Pear Jello	<b>Thanksgiving day Meal</b>  Turkey/Dressing Mashed Potatoes Green Beans Mandarin Orange Salad Cranberries/Pumkin Pie	Carrot soup  Chips Ham spread sandwich Peaches Chocolate Supreme Cake	BBQ Pulled Pork  Baked Beans Cucumber Salad Fruit Cocktail Cupcake/Ice cream
22	23	24	25	26
Pepper Beef Steak over White Rice Italian Vegetables Peaches Banana bars	Meat Loaf Mashed Potatoes w/ Brown Gravy Mixed Vegetables Banana Pudding w/ Vanilla wafers	Potato Soup Sloppy jo Pears Snickers Salad	Closed 	Closed 
29	30			
Cream of chicken over a biscuit Cole Slaw Apricots Scotcheroos	Roast Beef/Gravy Mashed Potatoes Green Bean Casserole Fruit cocktail Caramel Apple Cake			

Hills & Dales Community Center - 3505 Stoneman Road - Dubuque, IA  
Invite your family, friends and neighbors for a great meal and activities!!