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HILLS & DALES AUTISM^{HD} CLINIC EXPANSION

(Dubuque, IA – July 2, 2019) – Hills & Dales is announcing the opening of three new Autism^{HD} Clinics in eastern Iowa. The Autism^{HD} program provides Applied Behavior Analysis (ABA) therapy, an individualized treatment plan for eligible children diagnosed with an Autism Spectrum Disorder.

The three new clinics expand autism services in Dubuque, Dyersville, and Maquoketa. The Dubuque clinic, located at Windsor Park, and the Dyersville clinic, located in Southridge Plaza, opened on Monday, June 10. The Maquoketa clinic, located in Second Street Plaza, opened on Monday, July 1.

The pressing need for expansion stems from several factors. Autism^{HD} is accepting new referrals and currently supports thirty-eight children, with a waiting list. With the rate of autism diagnoses currently at 1 in 59 children, there is a pressing local need for therapy. The primary Autism^{HD} Clinic, located at the Hills & Dales Community Center in Dubuque, had reached its capacity.

Applied Behavior Analysis (ABA) includes an individualized plan based on the child's identified needs, and is the only proven, evidence based treatment program providing lifelong, positive outcomes for individuals with autism. ABA is widely recognized as the gold standard for autism therapy. Hills & Dales offers ABA services with Board Certified Behavior Analysts and highly trained behavior technicians (minimum of a four-year degree in a related field). This vital therapy includes interventions and strategies, education, and case management leading to successful outcomes for each child and their family.

Additional clinics will better support children and families from rural areas and those facing transportation barriers. This family-centered therapy is focused on early intervention, so providing timely access within or near their home communities or closer to them will help fill a large service gap.

To learn more about Hills & Dales autism services, call 563-556-7878 or visit hillsdales.org.

Hills & Dales is a Dubuque based non-profit dedicated to building meaningful lives for individuals with disabilities by offering services that support the whole person and enhance community inclusion.

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