



# February 2019



Hills & Dales Life Time Center

Call 556-3305 before 8am to make lunch reservations.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cream of Tomato Soup Grilled Cheese Broccoli Waldorf Banana Cookie
4	5	6	7	8
Salisbury Steak Mashed Potatoes Asparagus Supreme Fruit Cocktail Cookie	Loaded Chicken Casserole Rivera Vegetables Dinner Roll Mandarin Oranges Beet Bread	Roast Pork Mashed Potatoes California Vegetables Wheat Bread Peaches Bread Pudding	Apple Glazed Pork Patty Baked Potato Asparagus Pears Pudding	Italian Beef Sandwich French Onion Soup Veggie Pasta Salad Strawberries Angel Food Cake
11	12	13	14	15
Meatloaf Mashed Potatoes Mixed Vegetables Dinner Roll Pears Rice Krispy Treat	Roast Beef w/Gravy Mashed Potatoes Green Bean Casserole Wheat Bread Fruit Cocktail Oreo Dessert	Tilapia Rice Pilaf Broccoli Dinner Roll Peaches Cherry Cheese Cake <small>VALENTINES DAY DINNER!</small>	Spaghetti & Meatballs Garlic Breadstick Italian Vegetables Mandarin Oranges Cake	Cream of Chicken Over a Biscuit Lettuce Salad Banana Berry Mix Cookie
18	19	20	21	22
Chicken Cordon Bleu AuGratin Potatoes Green Bean Fruit Cocktail Cherry Crisp	Chili w/ Crackers Cornbread Lettuce Salad Peaches Brownie	Cherry Ham Scalloped Potatoes Honey Glazed Carrots Mandarin Oranges Lemon Bars	Liver & Onions Potato Pancakes Peas/Carrots Wheat Bread Pears Strawberry Cream Pie	Cheeseburger/ Fixings Baked Beans Coleslaw Mandarin Oranges Ice Cream Birthday Cupcake
25	26	27	28	
Swiss Steak With Tomatoes Mashed Potatoes Creamed Spinach Mixed Berries Pound Cake	Fried Chicken Pcs. Baked Potato Mixed Vegetables Wheat Bread Mandarin Oranges Pudding	Beef Tips over Noodles Green Beans Coleslaw Peaches Cherry Turnover	Shepherd's Pie Dinner Roll Mixed Vegetables Fruit Cocktail Pudding	

Hills & Dales Community Center 3505 Stoneman Road Dubuque, IA  
Invite your family, friends and neighbors for a great meal and activities!!