Students from the Cuba City School District visited the Residential Center in late December to drop off the MANY, MANY gifts the school’s students and families collected throughout the month for the children living at Hills & Dales. All of the kids had a great time enjoying breakfast, making Christmas ornaments and singing songs together during this visit. Nicole Pollock (back row, left) is a former employee of Hills & Dales and connected the two groups for this special event.

Thank you to the Cuba City students for making Christmas an even more special time of year for everyone at Hills & Dales!
From the Chief Executive Officer

This is the first Happenings of the New Year and already so much is going on it is hard to grasp all of it. Our annual evaluation of our Residential Center on Davis Street by the Iowa Department of Inspections and Appeals came a few weeks early, but as always our staff and managers were well prepared for the visit. The three surveyors had numerous positive comments about our program, but the most important one to me and the one which best summed up their overall comments was “…The culture here is present and evident no matter when we arrive”. To me this means that our culture to fulfill our mission is consistently present and visible day in and day out. Other comments included how the quality of the individual’s life is measured by the environment of their home, their appearance, and their involvement in their own lives. They were also extremely complimentary regarding the many different supports in place, including the qualified experts in the field of disabilities overseeing the program, and staff members who implement plans and programs, but also who truly care about the person. Within a few short days of this survey team’s departure, the next group arrived to do a three year review of our HCBS (Home and Community Based Services) program. Once again we heard similar comments about our services and positive feedback on our systems and the staff who implement them. If you are connected to Hills & Dales as a client, family member, friend or stakeholder you can rest assured that we embrace our reviews as opportunities to learn and improve, but also to validate the highly regarded service we provide and the mission we uphold.

In March we will have our national accreditation survey by CARF (Commission on Accreditation of Rehabilitation Facilities), and I believe they will also see the same culture and mission focus that the state groups have seen before them.

We are also in the midst of vast, and in some cases unprecedented, system changes for people with disabilities not experienced for some time. CMS, the federal oversight agency, has announced new rules and guidance, therefore we are spending hours of time pouring over information and attending countless meetings to understand the future impact not only for Hills & Dales, but to all persons with disabilities and the aging.

Iowa’s new legislative session is underway and the focus on the need to reduce Medicaid spending and Human Services budgets is front and center. We appreciate the many, wonderful relationships we have with our policy makers and their desire to assure that all citizens no matter their ability are supported and have access to their community.

Have a warm and safe remainder of winter 2015!

Marilyn recently returned from Baltimore where she attended various Government Relations meetings with ANCOR (American Network of Community Options and Resources). She is seen here alongside Rodney Whitlock, Senior Policy Advisor to Senator Charles Grassley, and Shelly Chandler, Executive Director of IACP (Iowa Association of Community Providers).

Hills & Dales is dedicated to building meaningful lives for individuals with disabilities by offering services that support the whole person and enhance community inclusion.”
As I wind down my board term with Hills & Dales, I am reflecting back to what Hills & Dales has become over the last 40 years. Hills & Dales was started in 1973 as a foster care facility, serving five residents. The organization has blossomed throughout the last 42 years, and Hills & Dales now supports individuals throughout 17 counties of eastern Iowa. While many of you may be familiar with one or two aspects of Hills & Dales, the range of services provided by the organization is truly remarkable.

Many of us associate Hills & Dales with the residential services that are provided to 49 children and adults at the Intermediate Care Facility for the Intellectually Disabled (ICF/ID) in Dubuque. Hills & Dales is one of only three licensed residential ICF/ID’s in Iowa specializing in children’s services.

The Home and Community Based Services (HCBS) program works with individuals and families to advocate for health, safety, adult awareness, and choice. This program is currently serving 95 individuals within Dubuque, the neighboring counties, and most recently in Davenport. Community Based Services include respite, supported community living, day habilitation, and so much more.

In 2005, Hills & Dales acquired property near Kennedy Mall. This facility has allowed Hills & Dales to expand its Community Based Services, which now encompasses 50 percent of Hills & Dales services. At this location Hills & Dales also offers inclusive childcare and preschool services to a capacity of 130 children. The LifeTime Senior Program offers area senior citizens access to great opportunities including social events, a congregate meal program, and health and wellness activities. It enhances the Hills & Dales mission’s focus on enhancing community inclusion. People of all ages and abilities are able to participate in life enriching activities together at the Community Center.

The organization recently began addressing the needs of the community by enhancing the lives of children with autism. The Autism HD program offers Applied Behavior Analysis (ABA) services, which is a recognized treatment option for eligible children diagnosed with an Autism Spectrum Disorder.

My brief outline of the Hills & Dales services does not include partnerships with Step by Step (additional community living option in downtown Dubuque) and the Riverview Center (collaboration to promote access and empower survivors of sexual abuse/violence with disabilities). It does not speak of collaboration with the Dubuque Community School District for its Life Training Program or two homes in the community dedicated to young adults on the autism spectrum. It does not speak of the Dreams & Desires Program (special travel experiences) and it does not speak of the Community Days of Caring, and many other community events Hills & Dales is involved with. There is just so much going on at Hills & Dales, it is completely impossible to cover it all here. With that I go back to my last article and state that I am proud of Hills & Dales, its staff and associates, its clients, and its volunteers. All I can say is, “Wow.” And that says it all.
MONETARY GIFTS

A.Y. McDonald
AARP Tax Aide
Greg and Nancy Adams
Addoco, Inc.
Alliant Energy Corp Svcs Inc.
Alliant Energy Foundation
Gary and Marilyn Althoff
Shannon and Deanne Althoff
American Trust & Savings Bank
RANDY and Christine Amosson
Anonymous
Area Residential Care
Dr. Scott and Carolyn Arnold
LARRY and Linda Barnes
Dorothy Bastian
Patrick Bauer
Donna Bauerly
Vicki Bechen
Pat Behlmer
Rudy and Joan Bellmann
Leora Bemboom
Benders Food
Craig and Alyson Beytien
Biechler Electric Inc.
Kathy Billmeyer
Steven Bixler
Black Hills Energy
Duane Blair
Carol Boge
Barry and Kathy Bromberg
Crenna Brummell-Sahm
Margaret Buelow
Dick and Marlene Burgmeier
Richard Callus
Holli CannonAllan Carew
Dr. Michael and Laura Chapman
Gail Chavenule
Nancy Chew
Zyann Chew
Jennifer Childers
Alice Collister
Community Foundation of
Greater Dubuque – Block Party,
Great Give Day and YAPPERS
Conlon Construction Co.
Tom and Joyce Connors
Mary Cook-Knucha
Judy Corbett
Lois Corken
Kevin and Maureen Cranah
Robert Crowe
Cummer Masonry
Jim and Monica Curce
Bill and Shirley Daack
Don and Elaine Damstra
Darin and Kristin Damstra
Marilyn Dix
Daniel and Diane Dodds
Mike and Jeanie Donohue
Agnes Dreesler
Dubuque Bank & Trust
Dubuque Lutheran School Association
Dubuque Noon Lions Club
Dubuqueland Irish
Dubuque Community Credit Union
Patti Duster
Karen Duve
Dr. Theresa Eckhart
Nancy Ehrlich
Eddie Eitty
Staffan Elgelid
Timothy Elliott
Fred and Nancy Ertl
Finley Alumni Association
First Congregational
United Church of Christ
Tom and Alison Flogel
Eric and Kimberly Foy
Lillian Freund
Chris Fuerst
Giese Companies
Jim and Cathy Giese
Charlie and Linda Giese
Jordan Giesemann
Bray and Linda Gilligan
Bernard and Joan Gillitzer
Beverly Godsey
Goedert Custom Cabinets
Chris Gogran
Brent and Molly Grover
Tim and Sheila Hall
Jon Hamer
Dave Hanley
Happy Joe’s Pizza
& Ice Cream Parlor
Stephen and Connie Hardie
Hartig Drug Co., Inc.
Alan and Susan Hettel
Hawkeye Boot Sales
James and Joleen Hedley
Foster and Rosemary Heller
Sister Mary Kenneth Hemann
Bethany Mary
Jodi Hingtgen
James and Sherry Holdren
Holy Spirit Parish
Joyce Honkamp
Steve and Sherry Horan
Timothy and Jennifer Horan
IIW, P.C. ENGINEERS,
ARCHITECTS, SURVEYORS.
Eric and Jimmy Imhof
Jan Imhof
Imperial Stone &
Imperial Concrete
IntegUS Credit Union
James A. & Mary S. Schmid
Family Charitable Trust
James B. and Melita A.
McDonough Foundation
Steve and Brenda Jantzen
Jazzercise Dubuque
Jeff Edberg, Lepic-Kroeger, Realtor
Jim Kircher & Associates, P.C.
Pam Jacob
John Deere Dubuque Works
Ric and Sue Jones
Kalmes Restaurant
Kane Appraisal Services
Kane, Norby & Reddick P.C.
Brian and Kathy Kane
Tom and Julie Kane
Brian and Laura Keehner
Sister Donalda Kehoe
Billie Keil
Colleen Keleher
Diane Klinzman
Knights of Columbus, Council 510
Al Krueger
Kyle and Sarah Kumpf
Kwik Stop/ Dairy Queen
Corey Lawler
Kendall and Patsy Leibfried
Lisette Lisenthal
Ken and Judy Lockner
Dr. Charles and Mary Longo
Louie and Billi LuGrain
Louis and Deb LuGrain
Jim and Karla Mahoney
Dustin Manternach
John and Ellen Markham
Martin Bros. Distributing Co. Inc.
Rick Martin
Chris McClain
Brian and Joan McCleary
McCullough Creative Group
Kenneth and Bonnie McDermott
Rob and Leann McDonald
Jeffrey McDaid
Terry and Deb McGinnis
Medical Associates Clinic
and Health Plans
Midwest Business Products
Mark and Emily Mier
Mighty Rivers Regional Association
Mike Finnin Ford, Inc.
Bob and Susan Miller
William and Debrah Miller
Tim and Tracy Miller
Kerin Moldenhauer
Dalynne Moore
Morocco Supper Club
MSA Professional Services, Inc.
Mulgrew Oil
Mary Mullins
Bill and Laura Murphy
David and Becky Murphy
Kathy and Shally Myers
Travis Niehaus
Carolyn Nivling
Gary and Julianne Norby
Optimist Club of Dubuque
John and Stephanie Oltavi
Steven and Charlene Parks
Dennis and Tanya Payne
Rick Pettigout
Tony Pohl
Katie Philipp-Guerra
Plaza 20 Amoco
Harley Pothoff
Prairie Farms
Kenneth Roash
Rainbo Oil Co
Tom and Amy Rave
Patrick Ready
Redding Industrial Supply
Ronald and Denise Reeg
Jill and Jeff Reimer
ReMax
Tim Remold
Janet Rhomberg
John Rich
Dave and Tori Richter
Ashley Robins
Craig and Laurie Rogers
Mary Roth
Sam Roth
Mark and Jodi Ruden
Mike and Susan Ruden
Gregory Ryan
Bob and Anna Mae Saderl
John W. Santer’s Charitable Trust
Hazel Schiffer
Mary Schmid
John and Donna Schmidt
Gayla Schmitt
Michelle Schmitt
Gary and Mary Chris Schnieders
Nick and Carrie Schrup
David and Peggy Schuster
Luke and Tara Setzer
Shramm Imports
Keith and Jan Sindberg
Gerry Skahill
Robert and Christina Smialek
John and Kelly Soley
Peter and Edith Soraparu
Gil and Becky Spence
St. John Lutheran Church
St. Peter Lutheran Church
Ron and Kathy Stark
Stonehill Franciscan Services
Kurt Strand
(continued on next page)
In Memory of LaVon Abitz
Regional Humane Society
The Friedman Group, Inc.
The Powers of Communication, Inc.
Theisen's Home - Farm - Auto
Jar and Meri-Loise Theisen
Chris and Pam Theisen
Michael and Pat Thies
Timothy and Katherine Toops
James Trausch
TriCor Insurance
Tri-State Transportation Club
US Bank
US Cellular
Value Focused Growth, LLC
Variety - The Children’s Charity
Bob and Donna Wahlert
Jim and Jane Weber
Weber Paper Co.
Nan Wich
Dave and Carole Welu
Linda Wesenberg
Frederick and Julie White
Joyce White
Gregory White
Williams & Associates
Bob and Mary Williams
David and Janice Wilson

For the Marriage of Mark and Paola Pichik
Kathleen Loewen
Kate Mitchell
David and Charlene Pichik
Elaine Pichik
Mark and Paola Pichik
Peter Pichik
David and Susan Schmitt
Michael Seyer
Susan Sumer
Thomas Weidner
Mark White
Laurel Wurster

In Honor of Angela Heim
In Memory of Richard Beytien
Gary and Marilyn Althoff
Employees of Hills & Dales
Mark and Amanda Poppe
Teresa Spina

In Memory of Thomas Christ
Elizabeth Christ

In Memory of Irma Floden
Merri Harris

In Memory of Madonna Frain
Jack Frain

In Memory of Deanne Grice
John Grice

In Memory of Kari Harris
Merri Harris

In Memory of Jerry Kruecher
Marlene Hansen

In Memory of Josh Koopmann
Carlos and Deanna Koopmann

In Memory of LaKota Krapfl
Bernard Fire Department

In Memory of Elaine Lass
Marlene Hansen

In Memory of John Locher
Mary Locher

In Memory of Ronald Newton
Eileen Newton

In Memory of Erin Pichik
Peter Pichik

In Memory of William Plotner
Merri Harris

In Memory of
Father Thomas Rhomberg
Bob and Ruth Ann Summers
Mike and Linda Wilming

In Memory of Tina Soride
Dennis and Chris Soride

IN-KIND GIFTS

ABC Muzik
Jim Abitz
Greg and Nancy Adams
Dave and Carol Welu
Linda Wesenberg
Frederick and Julie White
Joyce White
Gregory White
Williams & Associates
Bob and Mary Williams
David and Janice Wilson

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Carlos and Deanna Koopmann

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Bernard Fire Department

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Marlene Hansen

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Mary Locher

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In Memory of Erin Pichik
Peter Pichik

In Memory of William Plotner
Merri Harris

In Memory of
Father Thomas Rhomberg
Bob and Ruth Ann Summers
Mike and Linda Wilming

In Memory of Tina Soride
Dennis and Chris Soride

IN-KIND GIFTS

ABC Muzik
Jim Abitz
Greg and Nancy Adams
Ads That Last
Amirage Salon & Day Spa
Aramark Kitchens
Ken and Christi Arensdorf
Phil Arensdorf
Vivian Bannor
BARD Materials
Pat and Patty Barry
Cara Bartels
Bed Bath & Beyond
Leora Bemboom
Thomas Berger
Bernard Fire Department
Steve and Lisa Bernhard
Cassie Berntgen
Best Nails
Betty Jane Homemade Candies
Blum's Bakers
Joe Bledgett
Megan Bloedow
Body & Soul Wellness Center & Spa
Carol Bogie
Bromon Monument
Melissa Brehm
Breitbach's Country Dining
Bunker Hill Golf Course
Jim and Sue Burdt
Courtney Busch
Capri College
Cascade Fire Department
Centralia-Peosta Fire Department
Cherry Berry
Community Foundation of Greater Dubuque - Women's Giving Circle
Lori Connolly
Contempo Salon Spa
Copper Kettle
Courtside Bar & Grill
Ron and Ellen Craff
Creative Touch Gallery
Creslanes Bowling
Betsy Dahlgaard
Dawn Dempsey
Designworks
Diamond Jo Casino
Amanda Dies
James and Mary Jo Driscoll
Dubuque Auto Plaza, Inc.
Dubuque County Communications Center
Dubuque County Early Childhood
Dubuque Fighting Saints
Dubuque Fire Pipes and Drums
Dubuque Five Flags Center
Dubuque Harley Davidson
Dubuque Main Street LTD.
DuTrac Community Credit Union
East Dubuque Savings Bank
Edward's Cast Stone Co.
Envision Screen Printing
Epworth Fire Department
Daniel and Lis Ernst
Richard and Ray Ewes
Family Beer & Liquor
Joe Feltes
Fillmore Fairways
Tom Finn
Fischer Lanes
Flexsteel Industries, Inc.
Karen Flogel
Floorshow Furniture & Flooring
Fried Green Tomatoes
Galena Golf Club
Bob Gassman
Jessica George
Charlie and Linda Gieser
Ryan Glaser
Aggie Gnade
Goodmann Insurance
Graham's Style Store for Men, Inc.
Grand Harbor Resort & Waterpark
Grand Opera House
Matt and Cassie Gutman
Janaan Haberkorn
Steve Hahnen
Jack and Gayle Hancock
Happy Joe's Pizza
& Ice Cream Parlor
Happy's Place
Karen Harris
Dave Haupert
Sydney Hayes
Daniel Heinz
Jill Herrig
Howard and Joan Higley
Angela Holland
Hotel Julien Dubuque
Dr. Jill Hunt
Hy-Vee Foods
Inspirit Institute
Jack's Chicken Palace
Steve and Brenda Janco
Jazzercise Dubuque
JMI Screen Printing
Jo-An Fabrics
Angela Johnson
Brian and Angie Jones
Heather Jones
Terry and Cindy Jones
Jumpin' Janes
Steve and Christine Kafer
Kalmes Breaktime Bar & Grill
Kalmes Restaurant
Tom and Jolie Kane
Key West Community Fire Department
Monalisa Khiba
Klauer Optical
Phil and Melissa Klein
Mary Lou Koehler
Kwik Stop/Dairy Queen
L. May Eatery
Shelley Laird
Lora Lamb
Jim and Shelby Lease

Gift List from January 1, 2014 to September 30, 2014

Visit us on the web at www.hillsdales.org
IN-KIND (continued)
Leonard Funeral Home & Crematory
Lauren Leonard
Links Upholstery
Thomas Lippstock
Little Caesars
Ken and Judy Lochner
Louie and Bill Jo LuGrain
Louis and Deb LuGrain
Lumber Specialties
Cindy Magby
MainStay Suites
Mason Dixon Saloon
McCullough Creative Group
McGraw - Hill Companies
Kelly Meyer
Lauren Meyer
Sandy Meyer
Midwest Dental
William and Deborah Miller
Miracle Car Wash
Mississippi Valley Regional Blood Center
Mi-T-M Corporation
Morocco Supper Club
Morrison Bros. Co.
Mystique Casino
Janet Neumeister
Carolyn Nivling
Connie Nolan
Nuri Naim
Kristin Nolen
Jennifer Richardson
Steve and Michelle Radloff
Opalus Salon
Premier Bank
Alexsis Pregler
Cheryl Ostrander
Elaine Palen
Paramount EMS, Inc.
Lucas Paruch
Cindy Magby
MainStay Suites
Mississippi Valley Regional Blood Center
Mi-T-M Corporation
Morocco Supper Club
Morrison Bros. Co.
Mystique Casino
Janet Neumeister
Carolyn Nivling
Connie Nolan
Nuri Naim
Kristin Nolen
Jennifer Richardson
Steve and Michelle Radloff
Opalus Salon
Premier Bank
Alexsis Pregler
Cheryl Ostrander
Elaine Palen
Paramount EMS, Inc.
Lucas Paruch
Dennis and Tanya Payne
Poor Man’s Cafe
Prairie Farms
Alexsis Pregler
Premier Bank
Steve and Michelle Radloff
Reality Check
Jennifer Richardson
Scott and Dora Rogers
Rondinelli Music/Audio
Julie Rooney
Sam Roth
Vicki Rottmann
Kenneth and Cynthia Runde
Tony and Crenna Sahm
Casey Schenke
Kevin and Valerie Schmoll
Mark and Sherri Schmitt
Schuster’s Pumpkin Patch & Corn Maze
Loras Schuster
Rachel Scovel
Steve and Ann Seamer
Dawn Shepherd
Keith and Lori Sindberg
State Farm Insurance - Dennis Baumhover
Janice Stemper
Steve’s Ace Home & Garden
Telegraph Herald
Texas Roadhouse
The Bell Tower Theater
The Bike Shack
The Calico Bean Market
The Potosi Brewery Foundation & The National Brewery Museum & Teresa Tibbott
Floyd and Doris Tomter
TOMY
Town Clock Inn
Julie Tressel
UnityPoint Health - Finley Hospital
Mike and Nancy Van Milligen
Mike and Jean Vance
Whitney Vance
Vendors Unlimited
Verena Street Coffee
Village Inn: Dubuque
Weber Paper Co.
Kayla Wienen
Brittany Williams
Sarah Young

ANNUAL APPEAL GIFTS
Greg and Nancy Adams
Gene Althaus
Linda Althaus
Michael and Mary Ament
American Trust & Savings Bank
Randy and Christine Amosson
Will and Karen Babler
Rick and Karen Bahl
BARD Materials
Beidler Towing
Stephen and Marilyn Bell
Veronica Bender
Keith and Gaye Bibelhausen
Anthony and Mary Burbach
Mary Jo Chapman
Nancy Chew
Art and Shirley Coleman
Thomas Connolly
Tom and Joyce Connors
Lori Davig and Mary Green
Divine Word Seminary
Gary and Cindy Dolphin
Dubuque Bank & Trust
Dubuque Janitorial Inc.
Dupaco Community Credit Union
Richard and Rae Ewers
Eileen Fisher
Deloras Fortman
Chris and Mary Fay
Dave and Lois Fritz
Lynn and Cynthia Fuller
Geiser Brothers Co.
Giese Companies
Bernard and Joan Gillitzer
Ben and Cindy Graham
Brent and Molly Grover
Carole Hannan
David and Carmen Heaton
Terry Hicks
High Twelve Club of Dubuque
Betty Hillary
Roger and Twila Hingtgen
Gene and Teresa Hohmann
IWW, P.C. ENGINEERS, ARCHITECTS, SURVEYORS.
Jeff Edberg, Lepic-Kroeger, Realtor
Jim Kircher & Associates, P.C.
Darrell and Diane Kalmes
Terry and Kris Kane
Klauer Family
Charitable Foundation
Dr. Roger Klauer
Diane Klinzman
Robert Lehmann
Dan and Cindy Leibfried
Dr. Randall Lengeling
Dr. Ross and Sally Madden
Dennis and Connie Manders
John and Ellen Markham
Rick and Janet Martin
Robert and Linda McQuillen
Ruth Merges
James and Norma Meyer
Frank and Jackie Meyer
Armella Meyer
Midwest Business Products
Mike Finner
Chrysler, Jeep, Kia, Ford
Larry Mitchell
David and Becky Murphy
Kelly and Sharon Myers
Ron and Barb Nowacki
Bob and Ann Osterhaus
Eileen Pauly
Dennis and Tanya Payne
Louis and Carol Pfeifer
Ann Philippi
Marc and Paola Pichik
Stella Pihoyos
RACOM Corporation
Critical Communications
Edwin and Susan Rits
Stephen and Kris Rodham
Daniel and Kim Rohner
Mike and Susan Ruden
Donald and Wilma Sanders
Rosemary Saner
Tom and Darleen Sarvis
William and Michelle Scherf
Margaret Schmitz
Schoen Family Charitable Trust
Robert and Jeanette Schreiber
James and Mary Schumacher
Deb Schuster
Ronald and Pamela Schuster
Virginia Sedbrook
Keith and Lori Sindberg
Lloyd and Gloria Streng
Swiss Colony
The Butler Family Foundation
Robert and Mary Kay Urell
Weber Paper Co.
Dr. Liang Chee Wye
Andy and Katrina Wilberding
Frank Winders
In Honor of Amy Evans
Leslie and Dolores Malling
In Honor of Emily Schnieders
Lila Luensmann
Tom and Nancy McDonald
In Honor of Whitney Wilson
Ken and Sharon Schwane

(6) Hills & Dales Happenings

Recognition...from Wishes to Reality
Gift List from January 1, 2014 to September 30, 2014

(continued on next page)
A grant award in the amount of $25,000 from the Dubuque Racing Association, Mystique Casino, and the Diamond Jo Casino, along with many other gifts, assisted Hills & Dales in the funding of TIP – Transportation Improvement Project. We purchased a minibus as a replacement for a 1997 van that had traveled 250,000 miles in its long life.

Hills & Dales is appreciative of the ongoing support the DRA and our very generous 2014 Annual Appeal donors have provided to assist in our mission to build meaningful lives!

**GRANTS UPDATE**

Hills & Dales recently received the following grants to help build meaningful lives. We sincerely appreciate the support from:

*Dupaco R. W. Hoefer Foundation* - $4,000.00 for the *Autism HD* program  
*Grants to Green* - $43,100.00 for energy improvements for the Hills & Dales Community Center  
*James B. and Melita A. McDonough Foundation* - $5,000.00 for the *Autism HD* Program  
*Mediacom Arts & Culture Grant* - $500.00 for an Art Appreciation Program  
*Variety - The Children’s Charity* - $8,286.00 for Video Surveillance and Security Enhancement Project  
*Wahlert Foundation* - $2,000 for an Enhanced Support Respite Program  
*YAPPERS* - $1,350.00 for the Music Therapy Program

**2015 ANNUAL APPEAL**

Hills & Dales is seeking support in funding an Accessory Room to hold multiple pieces of specialized mobility equipment, while also assuring these pieces are accessible and available for use at our Residential Center. With your support, the Activity Room can go back from being a storage space for multiple items to its original purpose - FOR ACTIVITIES - like Christmas celebrations, computer usage, Nintendo Wii competitions, and of course mobility opportunities!

You can be a part of building meaningful lives by supporting the 2015 Annual Appeal! Please use the enclosed envelope or donate online at www.hillsdales.org, and note your gift is for the Annual Appeal.

To sign up for the Hills & Dales monthly e-mail updates, please e-mail Jennifer Childers, Development Assistant, at jchilders@hillsdales.org with your e-mail address.
Above: To say that Liam is an active boy, is quite the understatement. The idea for Liam to join the 6th Grade Roosevelt Middle School track team was brought up by Liam’s mother, Jennifer (shown above running alongside him in the grass), due to his boundless energy! The suggestion was willingly accepted by Hills & Dales staff, and Liam’s school, teachers, and coaches. Luckily, Hills & Dales had a few runners on staff who were willing to run and encourage Liam at his meets and practices throughout the fall months. This was an exciting opportunity for Liam to join his fellow students in an extra-curricular activity, that he loves. Liam, who has an Autism Spectrum Disorder, has called the Hills & Dales Residential Center “home” since 2013, and he definitely keeps everyone on their toes!

Above: For most people living at the Residential Center, Hills & Dales is just an extension of a much larger family unit. The staff and overall culture within the organization realize these people should not lose their sense of family and where they came from, but should always be treated like family when they are here. Here are two young ladies who were recently supported to remain actively engaged with their loved ones. Kelly (left picture) relished the opportunity to go home to visit her family for Christmas and is full of smiles while being flanked on both sides by people who love her. Whitney (right picture) was the maid of honor at her sisters wedding in the late fall and she is shown enjoying dancing with her parents during the reception. Both of these events, and others like them, require quite a bit of planning and preparation, but maintaining a connection with family is what the Hills & Dales mission to build meaningful lives is all about!
Left: Max, who lives independently with Hills & Dales support in the community, embraces Rick Petitgout, an employee of Bird Chevrolet. At the 2014 Golf Outing, Rick won Max's Dessert of the Month raffle drawing. Each month, Max has dropped off a tasty homemade dessert at the Bird Chevrolet office for Rick and others to enjoy. Baking, and cooking are definitely passions for Max and by the look on his face in this picture you can tell he really enjoys picking out a dessert recipe, purchasing the ingredients, baking the item for Rick and connecting with him each month.

Above: Ashly and Challes, who live at the Residential Center and attend the Life Training Center, show Dubuque County Supervisor Wayne Demmer how to make the all-natural Bogey Tales Dog Treats through their paid-work program. Wayne, along with Senator Pam Jochum, attended a Legislative Session Hills & Dales hosted in September. The Iowa Association of Community Providers, a statewide association of disability service providers, and Hills & Dales, collaborated to hold this session for staff, clients, and community members that focused on issues surrounding disability services and mental health for those in our community.

ONLINE DONATIONS
Giving to Hills & Dales is more convenient with secure, online donations available through our website. As with any donation, online gifts can be directed to support an area of your choice. Gifts can also be given in memory or honor of a loved one. To give a gift online, visit www.hillsdales.org and click the Donate Now button located at the top, right area of the homepage.
Hills & Dales “Happenings”

Left: For the Holiday Season at the Roshek Building, Hills & Dales was invited along with other non-profits to create a Christmas decoration to be a part of their display and a silent auction/event. The Day Habilitation program participants volunteered to take this project on to help promote the Bogey Tales Dog Treats and created this “Dog Lovers Tree” which was successfully auctioned off to support Hills & Dales.

The clients who attend the Life Training Program were too busy to make the tree themselves during the latter part of 2014 baking all-natural Bogey Tales Dog Treats and breaking records for treats made in a single day for a very large Theisen’s Home-Farm-Auto order. If you are looking for a gift for your special dog you can purchase them at Theisen’s (Dubuque, Maquoketa, DeWitt, Dyersville, Marshalltown, Cedar Rapids South, Cedar Rapids North, Ames, Coralville, and Indianola), any Kwik Stop location in Dubuque, the Hills & Dales Community Center, The Calico Bean Market, and several other businesses.

Right: Jim Abitz, of the Dubuque Fire Department, and his family hand deliver gifts they purchased for Colin, who lives at the Residential Center, dressed as festive elves and reindeer.

On Sunday, December 21st area Emergency Service Professionals brought Santa and Mrs. Claus via fire truck to the Hills & Dales Residential Center to deliver gifts to the children and young adults with disabilities who are supported by Hills & Dales. The event included singing, holiday goodies, and plenty of personal visits with Santa.

Left: Vicki Leonard, who volunteers countless hours to spearhead the 911 Christmas Event each year, presents Luke, who lives at Hills & Dales, with his Resident of Honor sweatshirt during the event. With that smile on his face it was not difficult to see that Luke truly felt special that day.
Above: Hills & Dales Day Habilitation clients and staff got into the holiday spirit by wearing their favorite holiday attire in late December.

It is difficult to count and track all the various Christmas and holiday events that occur each year at Hills & Dales...staff caroling, potlucks, families gathering, the Annual Christmas Pageant, and so much more. It is also such a generous time of year, as Hills & Dales receives so much from those in our community...service groups, church groups, individuals, families donating to support our mission in lieu of their own gifts....truly inspiring and uplifting for everyone involved.

Left: During the Hills & Dales Childcare Center Christmas Program the 2 year old, 3 year old and 4 and 5 year old classrooms each sang Christmas songs to a packed house of about 200 attendees. Each age group was proud and excited to sing their own song and came together to sing a wonderful finale to their friends and families. This festive Christmas Program, in which the children worked for many weeks rehearsing, ended by sharing cookies and juice with their loved ones. It was definitely a proud day for everyone involved.

In an effort to conserve resources and to be more “green”, anyone who is interested in receiving future Hills & Dales Happenings Newsletters through e-mail please contact Jennifer Childers, Development Assistant, at either 563-556-7878 or jchilders@hillsdales.org.
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All proceeds will be given to Hills & Dales.
For more information and to learn where to register visit www.dubuquediamonddash.com